Appendix A Effective: 10/01/22-09/30/23

2022-2023 GA Overall Maximums

Metropolitan Areas

Persons in Household

	rei	sons in Ho	usenoiu		
COUNTY	1	2	3	4	5*
Bangor HMFA: Bangor, Brewer, Eddington, Glenburn, Hampden, Hermon, Holden, Kenduskeag, Milford, Old Town, Orono, Orrington, Penobscot Indian Island Reservation, Veazie	826	955	1,219	1,515	2,071
Cumberland County HMFA: Baldwin, Bridgton, Brunswick, Harpswell, Harrison, Naples, New Gloucester, Pownal, Sebago	1,016	1,075	1,409	1,865	1,991
Lewiston/Auburn MSA: Auburn, Durham, Greene, Leeds, Lewiston, Lisbon, Livermore, Livermore Falls, Mechanic Falls, Minot, Poland, Sabattus, Turner, Wales	795	859	1,099	1,427	1,728
Penobscot County HMFA: Alton, Argyle UT, Bradford, Bradley, Burlington, Carmel, Carroll plantation, Charleston, Chester, Clifton, Corinna, Corinth, Dexter, Dixmont, Drew plantation, East Central Penobscot UT, East Millinocket, Edinburg, Enfield, Etna, Exeter, Garland, Greenbush, Howland, Hudson, Kingman UT, Lagrange, Lakeville, Lee, Levant, Lincoln, Lowell town, Mattawamkeag, Maxfield, Medway, Millinocket, Mount Chase, Newburgh Newport, North Penobscot UT, Passadumkeag, Patten, Plymouth, Prentiss UT, Seboeis plantation, Springfield, Stacyville, Stetson, Twombly UT, Webster plantation, Whitney UT, Winn, Woodville	789	792	1,043	1,302	1,420
Portland HMFA: Cape Elizabeth, Casco, Chebeague Island, Cumberland, Falmouth, Freeport, Frye Island, Gorham, Gray, Long Island, North Yarmouth, Portland, Raymond, Scarborough, South Portland, Standish, Westbrook, Windham, Yarmouth; Buxton, Hollis, Limington, Old Orchard Beach	1,263	1,463	1,893	2,415	2,958
Sagadahoc HMFA: Arrowsic, Bath, Bowdoin, Bowdoinham, Georgetown, Perkins UT, Phippsburg, Richmond, Topsham, West Bath, Woolwich	874	1,031	1,253	1,650	1,880

Appendix A Effective: 10/01/22-09/30/23

COUNTY	1	2	3	4	5*
York County HMFA: Acton, Alfred, Arundel, Biddeford, Cornish, Dayton, Kennebunk, Kennebunkport, Lebanon, Limerick, Lyman, Newfield, North Berwick, Ogunquit, Parsonsfield, Saco, Sanford, Shapleigh, Waterboro, Wells	1,072	1,082	1,355	1,717	1,984
York/Kittery/S.Berwick HMFA: Berwick, Eliot, Kittery, South Berwick, York	1,237	1,293	1,699	2,194	2,934

^{*}Note: Add \$75 for each additional person.

Non-Metropolitan Areas

Persons in Household

COUNTY	1	2	3	4	5*
Aroostook County	692	754	881	1,185	1,353
Franklin County	728	774	909	1,229	1,566
Hancock County	890	925	1,110	1,397	1,529
Kennebec County	819	835	1,038	1,360	1,451
Knox County	844	848	1,038	1,378	1,471
Lincoln County	925	941	1,178	1,463	1,912
Oxford County	814	815	993	1,400	1,627
Piscataquis County	701	752	926	1,227	1,477
Somerset County	755	790	1,017	1,323	1,416
Waldo County	970	972	1,155	1,441	1,970
Washington County	756	758	982	1,228	1,343

^{*} Please Note: Add \$75 for each additional person.

Appendix B

Effective: 10/01/22 to 09/30/23

2022-2023 Food Maximums

Please Note: The maximum amounts allowed for food are established in accordance with the U.S.D.A. Thrifty Food Plan. As of October 1, 2022, those amounts are:

Number in Household	Week	dy Maximum	Month	ıly Maximum
1	\$	65.35	\$	281.00
2		120.00		516.00
3		172.09		740.00
4		218.37		939.00
5		259.53		1,116.00
6		311.40		1,339.00
7		344.19		1,480.00
8		393.26		1,691.00

Note: For each additional person add \$211 per month.

2022-2023 GA MAXIMUMS SUMMARY SHEET

Note: The overall maximums found in Appendices A, B, C, D, E, and F are effective from October 1, 2022 to September 30, 2023.

APPENDIX A - OVERALL MAXIMUMS

County			Persons in	Household		
	1	2	3	4	5	6

NOTE: For each additional person add \$75 per month.

(The applicable figures from Appendix A, once adopted, should be inserted here.)

APPENDIX B - FOOD MAXIMUMS

Number in Household	Weekly Maximum	Monthly Maximum
1	\$ 65.35	\$ 281.00
2	120.00	516.00
3	172.09	740.00
4	218.37	939.00
5	259.53	1,116.00
6	311.40	1,339.00
7	344.19	1,480.00
8	393.26	1,691.00
NOTE: For each additional person	on add \$211 per month.	

APPENDIX C - HOUSING MAXIMUMS

	<u>Unh</u>	eated	Hea	ited
Number of Bedrooms	Weekly	Monthly	Weekly	Monthly
0				
1				
2				
3				
4				
(The applicable figures from Appendix C, once adopted, should be inserted here.)				

APPENDIX D - UTILITIES

ELECTRIC

NOTE: For an electrically heated dwelling also see "Heating Fuel" maximums below. But remember, an applicant is *not automatically* entitled to the "maximums" established—applicants must demonstrate need.

1) Electricity Maximums for Households <u>Without</u> Electric Hot Water: The maximum amounts allowed for utilities, for lights, cooking and other electric uses excluding electric hot water and heat:

Number in Household	Weekly	Monthly
1	\$19.95	\$ 85.50
2	\$22.52	\$ 96.50
3	\$24.97	\$107.00
4	\$27.53	\$118.00
5	\$29.88	\$128.50
6	\$32.55	\$139.50
NOTE: For each additional person	add \$10.50 per month.	

2) Electricity Maximums for Households <u>With</u> Electrically Heated Hot Water: The maximum amounts allowed for utilities, hot water, for lights, cooking and other electric uses excluding heat:

Number in Household	Weekly	<u>Monthly</u>		
1	\$29.63	\$127.00		
2	\$34.07	\$146.00		
3	\$39.67	\$170.00		
4	\$46.32	\$198.50		
5	\$55.65	\$238.50		
6	\$58.68	\$251.50		
NOTE: For each additional person add \$14.50 per month.				

NOTE: For electrically heated households, the maximum amount allowed for electrical utilities per month shall be the sum of the appropriate maximum amount under this subsection and the appropriate maximum for heating fuel as provided below.

APPENDIX E - HEATING FUEL

<u>Month</u>	<u>Gallons</u>	Month	Gallons
September	50	January	225
October	100	February	225
November	200	March	125
December	200	April	125
		May	50

NOTE: When the dwelling unit is heated electrically, the maximum amount allowed for heating purposes will be calculated by multiplying the number of gallons of fuel allowed for that month by the current price per gallon. When fuels such as wood, coal and/or natural gas are used for heating purposes, they will be budgeted at actual rates, if they are reasonable. No eligible applicant shall be considered to need more than 7 tons of coal per year, 8 cords of wood per year, 126,000 cubic feet of natural gas per year, or 1000 gallons of propane.

APPENDIX F - PERSONAL CARE & HOUSEHOLD SUPPLIES

Number in Household	Weekly Amount	Monthly Amount		
1-2	\$10.50	\$45.00		
3-4	\$11.60	\$50.00		
5-6	\$12.80	\$55.00		
7-8	\$14.00	\$60.00		
NOTE: For each additional person add \$1.25 per week or \$5.00 per month.				

SUPPLEMENT FOR HOUSEHOLDS WITH CHILDREN UNDER 5

When an applicant can verify expenditures for the following items, a special supplement will be budgeted as necessary for households with children under 5 years of age for items such as cloth or disposable diapers, laundry powder, oil, shampoo, and ointment up to the following amounts:

Number of Children	Weekly Amount	Monthly Amount
1	\$12.80	\$55.00
2	\$17.40	\$75.00
3	\$23.30	\$100.00
4	\$27.90	\$120.00

Effective: 10/01/22-09/30/23

2022-2023 Mileage Rate

This municipality adopts the State of Maine travel expense reimbursement rate as set by the Office of the State Comptroller. The current rate for approved employment and necessary medical travel etc. is 46 cents (46 ¢) per mile.

Please refer to the Office of the State Controller for changes to this rate at 626-8420 or visit http://www.state.me.us/osc/

2022-2023 GA Housing Maximums Recovery Residences

The following Recovery Residence maximums are in effect from 10/1/2022- 9/30/2023

Non-Metropo	litan FMR Ar	reas					
Aroostook	Recovery Residence Rates			Recovery Residence Rates			
County	Weekly	Monthly	Oxford County	Weekly	Monthly		
	128.63	551.25		139.83	599.25		
Franklin	Recovery Residence Rates		Piscataquis	Recovery Residence Rates			
County	Weekly	Monthly	Contract Con	Weekly	Monthly		
County	132.13	566.25	County	128.28	549.75		
Hancock	Recovery Residence Rates		Somerset	Recovery Residence Rates			
County	Weekly	Monthly	10	Weekly	Monthly		
	158.90	681.00	<u>County</u>	135.28	579.75		
Kennebec	Recovery Residence Rates			Recovery Residence Rates			
County	Weekly	Monthly	Waldo County	Weekly	Monthly		
County	Weekly 143.15	Monthly 613.50	Waldo County	167.13	Monthly 716.25		
County	143.15	613.50	Waldo County	167.13	716.25		
	143.15 Recovery Res	613.50		167.13			
County Knox County	143.15	613.50	Washington	167.13	716.25		
	143.15 Recovery Res	613.50		167.13 Recovery Re	716.25 sidence Rates		
	Recovery Res Weekly 145.43	613.50 sidence Rates Monthly 623.25	Washington	167.13 Recovery Re Weekly	716.25 sidence Rates Monthly		
Knox County	Recovery Res Weekly 145.43 Recovery Res	613.50 sidence Rates Monthly 623.25	Washington	167.13 Recovery Re Weekly	716.25 sidence Rates Monthly		
	Recovery Res Weekly 145.43	613.50 sidence Rates Monthly 623.25	Washington	167.13 Recovery Re Weekly	716.25 sidence Rates Monthly		

Metropolitan FMR Areas

HMFA

Bangor HMFA	Weekly	Monthly	
	164.15	703.50	
Church and	Recovery Residence Rates		
Cumberland Cty. HMFA	Weekly	Monthly	
Cty. HMFA	185.15	793.50	
	Recovery Residence Rates		
Lewiston/Aubu	Weekly	Monthly	
rn MSA	147.35	631.50	
	Recovery Re	sidence Rates	
Penobscot Cty.	West-let	Manalette	

Weekly

135.63

161.70

Recovery Residence Rates

693.00

Monthly

581.25

Portland	Recovery Residence Rates		
HMFA	Weekly	Monthly	
HVITA	253.05	1084.50	
Sagadahoc	Recovery Residence Rates		
Cty. HMFA	Weekly	Monthly	
Cty. HMTA	177.45	760.50	
-			
York Cty.	Recovery Residence Rates		
HMFA	Weekly	Monthly	
HWIFA	186.38	798.75	
York/Kittery/S	186.38 Recovery Res		

223.30

957.00

HMFA